



**2020-21**  
**HEALTH**  
**in COMMON**  
**ANNUAL REPORT**



# Message FROM HEALTH in COMMON

We are pleased to share Health in Common's 2020-21 Annual Report.

Like for many of you, this was a year like no other and something we never could have imagined. A year where we went for months without meeting in -person; accelerating the development of our virtual capacity – moving meetings, facilitated sessions and training online.

During this time, my respect and appreciation for the people I work with increased immensely. Their patience and willingness to try new things, coupled with their humility and willingness to reflect and have some difficult conversations made me incredibly grateful to be navigating this time with Health in Common.

With service requests increasing to 53, Health in Common completed 43 project intakes and throughout the year worked on 36 projects. Of the 31 new MOUs signed, 52% were with new clients, 69% with non-health organizations and 52% with clients that worked beyond Winnipeg.

In an effort to build sector capacity, 18 online workshops were developed and delivered, and the second Leading4Impact cohort was facilitated. After becoming an accredited training organization for APMG with a certified trainer, Health in Common delivered its first Change Management Foundations and Practitioner training.

Through the pro bono application process, Health in Common had the opportunity to work with Dufferin Agricultural Society and Merchants Corner to develop new strategic plans, and with Bike Winnipeg to evaluate a bikeshare pilot project.

A big thank you to the Board of Directors for their wisdom, guidance and trust during a time when everything was uncertain, and people were often required to make decisions based on what they imagined may happen. These familiar faces on my Hollywood squares screen were greatly appreciated.

**Cathy Steven**  
Executive Director

**Lana Cowling-Mason**  
Board Chair



## STAFF

<b>Andrew Stammers</b>	Planning and Evaluation Facilitator
<b>Bohdanna Kinesevych</b>	Director of Evaluation
<b>Cassandra Montanino</b>	Planning and Evaluation Facilitator
<b>Cathy Steven</b>	Executive Director
<b>Erin Huck</b>	Planning and Evaluation Facilitator
<b>Sara Castagna</b>	Research and Communication Support



## BOARD OF DIRECTORS

**Lana Cowling-Mason** (Chair)  
**Elizabeth Stephenson** (Vice Chair)  
**Lawrence Elliott** (Treasurer)  
**Nancy McPherson**  
**Cheryl Sluis**  
**Christina Weise**  
**Monica Giesbrecht**

58 SERVICE requests

43 PROJECT intakes

31 NEW MOUs signed



## OUR VALUES

**We adapt.**

We respect different perspectives and experiences. Our role is to listen, learn and create a process that works for our client.

**We are dependable.**

We hold up our end of the bargain. We understand that delivering on commitments builds trust – and that trust is part of any healthy working relationship.

**We ask questions.**

We think strategically and ask relevant questions. We value giving and receiving feedback.

**We make it simple.**

We believe that less is often more. We make sure our services add value, and are useable.

**We are better together.**

We learn and deliver as a team. We know our collective strengths make us better.



## STATEMENT OF OPERATIONS

Find our Independent Auditors' Report **HERE**.